





## PERSONALIZED MENTAL HEALTH SERVICES

FOR ALL STUDENTS AND SCHOOL STAFF MEMBERS

**MEDICAID IS ACCEPTED** 

## **WHAT IS TELETHERAPY?**

ESE Mental Health is constantly searching for and developing new processes to directly connect students and staff with licensed therapists. Our main goal is to help others live up to their full potential. With seasoned therapists who offer a holistic, healing approach to therapy. ESE Mental Health meets people where they are and helps them grow to who they want to be. We provide a setting full of compassion and understanding. We strive to make each session worthwhile and client centered. Stay at home or at school and see our therapists on your smart phone or laptop.

## **ISSUES ADDRESSED WITH TELETHERAPY:**

- -PTSD
- Depression
- Anxiety
- Bipolar Disorder
- Behavioral issues
- School issues
- Anger management
- Childhood truma and abuse
- Codependency
- Eating Disorder
- Divorce

- Emotional Disturbance
- Coping Skills
- Body Image Issues
- Family Conflict
- Grief
- Life Coaching
- Medical Issues
- Obsessive-Compulsive (OCD)
- Self Esteem
- Sleep or Insomnia
- Suicidal Ideation

## **HOW TO REGISTER:**



visit esetelehealth.com and click "Get Started"



for schools click
"Get started" with Teletherapy



fill out and submit the Patient Information



MORE INFO @ esetelehealth.com

